

# From Head to Toe

## 1. Background Knowledge

- 동물들 모습에서 신체적 특징을 엿볼 수 있는 책입니다. 아기가 태어나서 걷기까지의 과정을 보여주는 사진을 보면서 신체발달 과정에 대해 이야기해 봅니다.

**Mom:** What do you see in the picture?

**Child:** I see a baby.

**Mom:** Can you guess how old he is?

**Child:** Maybe one year old?

**Mom:** He is only two months old.

What is he doing?

**Child:** He is lying down.

**Mom:** Do you think he can walk?

**Child:** No.

**Mom:** First, the baby lies down.

Next, he can turn over.

Then, he can crawl across the room.

Then, he can sit up and play with a ball.

Finally, he can take his first step.

He can walk and jump and run just like you.

## 2. Picture Walking

[Cover Page]

**Mom:** What can you see on the cover?

**Child:** I see a gorilla.

**Mom:** Have you ever seen a gorilla?

**Child:** Yes. I saw a gorilla at the zoo.

**Mom:** I have lots of animal friends in the story. Would you like to meet them all?

**Child:** Yes, I'd like to see them.

**Mom:** Let's find out what they can do with their body parts.

[page 6~7] 왼쪽 펭귄, 오른쪽 고개 돌리는 아이

**Mom:** What animal do you see?

**Child:** I see a penguin.

**Mom:** What can the penguin do?

**Child:** The penguin can turn its head.

**Mom:** Can you do it?

**Child:** I can do it.

**Mom:** Now guess what animal comes next.

I have a long neck and long legs. I'm the tallest animal in the world. Guess who I am.

**Child:** A giraffe.

[page 8~9] 왼쪽 기린, 오른쪽 고개 구부리고 있는 아이

**Mom:** It bends its neck. Can you do it?

**Child:** I can do it.

**Mom:** Can you show me?

[page 12~13] 왼쪽 원숭이, 오른쪽 손 흔들고 있는 아이

**Mom:** I can climb. I have a long tail. I live up in the trees. Guess who I am.

**Child:** A monkey.

[page 26~27] 왼쪽 코끼리, 오른쪽 다리를 쿵팡거리는 아이

**Mom:** I am a huge, gray animal with large floppy ears and two tusks. I have a long nose called a trunk. Guess who I am.

**Child:** An elephant.

**Mom:** What can it do?

**Child:** It can stomp its foot.

**Mom:** Can you do it?

**Child:** I can do it.

### 3. Activity

#### 1) 신체 부위와 기능 알아보기

- 전지에 아이를 눕혀 따라 그려봅니다. 각 신체 부위와 기능에 대해 얘기 나눈 후에 책에 나온 동물들과 비교해 봅니다.

**Mom:** Let's draw our own body.

Lie down on the paper. Let me trace around your body.

How does it look?

**Child:** It looks great.

**Mom:** What can you do with your hands?

**Child:** I clap my hands.

**Mom:** What animal claps its hands in the story?

**Child:** A seal.

**Mom:** Can you bend your knees like a camel?

**Child:** Yes, I can do it.

**Mom:** Point to your knees.

## 2) 몸짓 놀이

- 몸짓만으로 상대방이 어떤 행동인지 알아맞혀 봅니다.

**Mom:** Can you guess what I am doing?

**Child:** You are eating an ice cream cone.

## 3) Song : 'Reach for the Sky'

- 노래에 맞추어 동작을 따라해 봅니다.

**REACH FOR THE SKY**

*P.B.* *Pam Beall*

Clap your hands, touch your toes,  
Turn a-round and put your fin-ger on your nose.  
Flap your arms, jump up high,  
Wig-gle your fin-gers and reach for the sky.

The musical score is written on four staves in G major (one sharp) and 4/4 time. The first staff starts with a C chord and contains the melody for the first two lines of lyrics. The second staff starts with a G7 chord and contains the melody for the next two lines. The third staff starts with an F chord and contains the melody for the next two lines. The fourth staff starts with a G7 chord and contains the melody for the final two lines. The score includes various musical notations such as notes, rests, and accidentals.